

Connecting with Opportunities

Q: How do students connect with internship opportunities?

A: Students can connect with internship opportunities through:

- Exploring job openings and internships on **Handshake**, a key job board for students.
- Participating in career fairs and on-campus recruiting events to meet employers.
- Consulting with faculty advisors, career advisors, and program coordinators for personalized guidance.

Internships and Career Paths

Q: Where are undergraduate psychology students interning?

A: Undergraduate psychology students pursue internships in:

- **Mental health clinics, hospitals, and rehabilitation centers.**
- **Nonprofits** focused on counseling, social work, or advocacy.
- **Schools** or programs supporting student well-being.
- **Research labs** assisting with data analysis or experiments.
- **Corporate settings** in HR or organizational psychology.

Q: Where do undergraduate psychology students go after graduation?

A: Common paths include:

- Pursuing **graduate programs** in clinical/counseling psychology, social work, or similar fields.
- Entering careers in **behavioral health**, social services, HR, or case management.
- Using **Handshake** and career services to find job opportunities and connect with alumni.

Interesting Stats

- **Paid interns** average **1.61 job offers**, compared to **0.94 for unpaid interns** and **0.77 for non-interns** (NACE 2022).
- Average hourly wage for bachelor's level interns (2020-2021): **\$20.82**.

Undergraduate Psychology Careers and Opportunities

[Psychology Careers](#) | [Young Professionals Weigh in on Living and Working in Omaha](#)

Q: What can I do with an undergraduate psychology degree?

A: An undergraduate psychology degree opens doors to careers such as:

- **Social Services** (community welfare, individual support).
- **Human Resources** (recruitment, employee relations).
- **Mental Health Services** (supporting therapeutic settings).
- **Case Management, Crisis Work, and Rehabilitation Services.**
- **Testing/Assessment** and **Performance Enhancement** roles.

Specific Job Titles in Omaha

- Family Support Worker
- Behavior Technician
- Registered Behavior Technician (RBT)
- Program Specialist
- Youth Aid

Popular Internship Sites for UNO Students

- Munroe-Meyer Institute at UNMC
- Boys Town
- A Better Way Therapy
- Beneficial Behavioral Health Services
- Child Saving Institute

Academic Advising and Planning

[Academic Advising](#)

Q: What services does academic advising provide?

A: Advisors assist with:

- **Course selection** and creating a **4-5 year academic plan**.
 - Example [Psychology academic plan](#)
- Guidance on **degree requirements**, graduation checks, and navigating **DegreeWorks**.
- High-level conversations about career options, research opportunities, study abroad, and graduate school planning.

Q: What are the most popular minors for undergraduate psychology students?

A: Popular minors include

- **Business, Chemistry, Criminology, Medical Humanities, and Sociology**
- Specialized minors like **Neuroscience, Public Health, Spanish, and Sustainability**

UNO Undergraduate Psychology Program Details

Q: How many students and faculty are part of the program?

- **185 freshmen** (less than 27 credits) advised through CAS advising center.
- **730 students** (more than 27 credits)(split between two advisors, ~365 each).
- **26 faculty members** (not including adjuncts or part-time instructors).
- **2024 Undergraduate psychology graduates:** 158 (Fall/Spring/Summer).

Q: How large, on average, are undergraduate psychology classes? *(numbers vary by semester)*

Advanced labs/capstones

- 12-15 students per in-person section

Upper-level courses (3000-4000 level)

- 15-35 students per in-person section; 30-35 per online section

Core requirements

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| <ul style="list-style-type: none">• PSYC 1010<ul style="list-style-type: none">○ 46 per in-person section; 35-46 per online section• PSYC 1020<ul style="list-style-type: none">○ 120-208 when offered in person; 226 per when offered online• PSYC 2000<ul style="list-style-type: none">○ 150 online | <ul style="list-style-type: none">• PSYC 2040<ul style="list-style-type: none">○ 16 per online section• PSYC 3130<ul style="list-style-type: none">○ 30 per in-person section; 30 per online section• PSYC 3140<ul style="list-style-type: none">○ Lecture 120 in person; 20 max per in person lab section |
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Q: How do online classes work?

A: Online courses at UNO are completely asynchronous, allowing students to learn at their own pace using academic technologies.

- Example [UNO Online Courses](#)

Career Services

Undergraduate psychology Graduate Outcomes *(from LinkedIn)*

Top Companies Employing Undergraduate Psychology Graduates

Company	Profiles	Percent
University of Nebraska	53	6.08%
Nebraska Medical Center	22	2.53%
Nebraska Medicine	20	2.30%
CommonSpirit Health	12	1.38%
Boys Town	12	1.38%
Omaha Public Schools	9	1.03%
Nebraska Methodist Health System	6	0.69%
Munroe-Meyer Institute	6	0.69%
Mutual of Omaha	6	0.69%
Music & Education	5	0.57%

Top Occupations for Undergraduate Psychology Graduates

Occupation (SOC)	Profiles	Percent
Substance Abuse, Behavioral Disorder, and Mental Health Counselors	39	4.48%
Social and Human Service Assistants	39	4.48%
Chief Executives	29	3.33%
Psychiatric Technicians	24	2.76%
Life, Physical, and Social Science Technicians, All Other	22	2.53%
Postsecondary Teachers	21	2.41%
General and Operations Managers	18	2.07%
School Psychologists	18	2.07%
Mental Health and Substance Abuse Social Workers	18	2.07%
Teaching Assistants, Postsecondary	18	2.07%

Top Job Titles for Undergraduate Psychology Graduates

Job Title	Profiles	Percent
Mental Health Therapists	18	2.07%
Graduate Research Assistants	13	1.49%
Registered Behavior Technicians	10	1.15%
Founders	9	1.03%
Owners	9	1.03%
Board Certified Behavior Analysts	9	1.03%
Graduate Assistants	8	0.92%
School Psychologists	8	0.92%
Research Assistants	6	0.69%
Therapists	6	0.69%

Top Schools Attended by Undergraduate Psychology Graduates

School	Profiles	Percent
University of Nebraska Omaha	871	100.00%
University of Nebraska-Lincoln	113	12.97%
Metropolitan Community College (Nebraska)	82	9.41%
Bellevue University	58	6.66%
Creighton University	56	6.43%
Iowa Western Community College	37	4.25%
University of Nebraska at Kearney	23	2.64%
University of Nebraska Medical Center	20	2.30%
Air War College	16	1.84%
Doane University-Arts & Sciences	15	1.72%

Top Skills Held by Undergraduate Psychology Graduates

	Skill	Frequency in Profiles	Profiles with Skill/Total Profiles
Specialized Skills	Psychology	13%	117 / 871
	Mental Health	13%	115 / 871
	Marketing	11%	98 / 871
	Event Planning	10%	87 / 871
	Behavioral Health	10%	87 / 871
	Project Management	10%	86 / 871
	Data Analysis	8%	72 / 871
	Community Outreach	7%	57 / 871
	Fundraising	5%	45 / 871
	Data Entry	4%	39 / 871
Common Skills	Customer Service	32%	277 / 871
	Leadership	29%	252 / 871
	Research	28%	244 / 871
	Microsoft Office	22%	192 / 871
	Communication	22%	188 / 871
	Sales	19%	168 / 871
	Management	18%	157 / 871
	Public Speaking	18%	154 / 871
	Microsoft Excel	16%	141 / 871
	Teaching	15%	135 / 871

Top Qualifications Held by Undergraduate Psychology Graduates

Qualification	Profiles with Qualification
Cardiopulmonary Resuscitation (CPR) Certification	52
Automated External Defibrillator (AED) Certification	38
Basic Life Support (BLS) Certification	37
Certified Nursing Assistant (CNA)	32
First Aid Certification	28
Registered Behavior Technician (RBT)	23
Registered Nurse (RN)	19
Board Certified Behavior Analyst (BCBA)	13
Certified Patient Care Technician (CPCT)	11